

**Topic: Respectful Relationships****Curriculum-alignment**

The Kids Helpline @ High School North QLD Respectful Relationships topic has been aligned with sub-elements from the **Australian Curriculum**. For more detailed information about which lessons align with each sub-element, how these align, or to personalise your session to ensure alignment to particular sub-elements, please speak to the Project Officer on **07 3867 1334** or [highschoolnq@kidshelpline.com.au](mailto:highschoolnq@kidshelpline.com.au).

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## Personal and Social Capability Learning Continuum Year 7 - 10

### Understand relationships

*Level 5* – identify indicators of possible problems in relationships in a range of social and work related situations

*Level 6* – explain how relationships differ between peers, parents, teachers and other adults, and identify the skills needed to manage different types of relationships

### Communicate Effectively

*Level 5* – analyse enablers of and barriers to effective verbal, nonverbal and digital communication

*Level 6* – formulate plans for effective communication (verbal, nonverbal, digital) to complete complex tasks

### Negotiate and resolve conflict

*Level 5* – assess the appropriateness of various conflict resolution strategies in a range of social and work-related situations

*Level 6* – generate, apply and evaluate strategies such as active listening, mediation and negotiation to prevent and resolve interpersonal problems and conflicts

## Ethical Understanding Learning continuum Year 7 - 10

### Examine values

Level 5 – assess the relevance of beliefs and the role and application of values in social practices

## Intercultural Understanding Learning Continuum Year 7 - 10

### Consider and develop multiple perspectives

*Level 5* – assess diverse perspectives and the assumptions on which they are based

*Level 6* – present a balanced view on issues where conflicting views cannot easily be resolved

**Empathise with others**

*Level 5* – imagine and describe the feelings and motivations of people in challenging situations

*Level 6* – recognise the effect that empathising with others has on their own feelings, motivations and actions

**Challenge stereotypes and prejudices**

*Level 5* – identify and address challenging issues in ways that respect cultural diversity and the right of all to be heard

*Level 6* – recognise the challenges and benefits of living and working in a culturally diverse society and the role that cultural mediation plays in learning to live together

## Health and Physical Education

### Year 7 – 10

**Communicating and interacting for health and wellbeing**

- Investigate the benefits of relationships and examine their impact on their own and others' health and wellbeing
- Analyse factors that influence emotions, and develop strategies to demonstrate empathy and sensitivity

### Year 11 – 12

Content has not been aligned to the Year 11 - 12 syllabus; however, topics are available for Year 11 - 12 and can be tailored to fit into the syllabus for relevant subjects by request.