





MORGAN

Just noticed your stories are really sad lately and you've been different at school... RUOK?

QUINN

idk... I guess...

MORGAN

Wanna talk about it?



QUINN

Nah, I'll deal with it.

MORGAN

I'm always here if you decide you wanna talk 🧡

Thanks, Morgs...



MORGAN

Awww... that sucks 😡 I'm with you about school... lol. You haven't missed much.

QUINN

Yeah...

MORGAN

For real though, whatever is going on... you're not alone... you can talk to me about anything. Talking to someone helps me when I am in a bad headspace, anyway...

QUINN

Thanks, that means more than you know... but even if I did, you wouldn't believe me

MORGAN

Try me...?

Quinn is typing...

Quinn is typing...

QUINN

I don't wanna be a burden or anything... sorry

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MORGAN

You're not a burden, Q. You'd be there for me if it was the other way around, right?

QUINN

Right... Well, like I said... there's been stuff happening at home... my mum has a new partner, Sam... He is such a douchebag and I wish he was DEAD!

MORGAN







It's really hard to talk about... I don't know what to do... but I can't handle it anymore...

You know what, Quinn? I don't have time for this right now. I'm sure you'll be fine. You don't understand, Mum. It's Sam... I don't feel safe around him when you're not home.

Not safe...? What are you talking about? Is this a joke?

No, Mum... it's not. At first he was really nice to me but then things started to feel really weird and I felt like he was watching me all the time... I tried to let it go. But one night, when you were at work, he came into my room, got into my bed... Told me to be quiet and got me to do things... things I didn't wanna do... and told me no one would believe me if I said anything... Wow, Quinn... stop being so dramatic... Sounds like one of your stories. Sam would never, ever do that so it's probably just a big misunderstanding. I'm gonna be late for work...

Hey! You ok? It's late?

Yeah, sorry about that but l didn't know what to do. I told Mum. Well, I tried to...

dw, it's all g... Oh yeah? How did it go?

MORGAN

QUINN

QUINN

MORGAN

Hey... MORGAN

\$ 51%

(1111111)

I knew she wouldn't believe me. What a waste of time. I'm a waste of time.

QUINN

Just like I thought... waste of time. She called me an attention-seeker and took his side.

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MORGAN

OMG, I'm so sorry. R u ok?

QUINN

idk

MORGAN

Ok, well, maybe there is someone else you could try talking to, then... someone that you trust?

QUINN

I trust YOU

believe you!?!

MORGAN

Awww... I'm glad! V I'm always here if you need to talk but I really think you need to tell someone who knows about this stuff... I can be there with you?

QUINN

It's just so hard to say out loud. And I'm worried they won't believe me anyway



MORGAN What about Kids Helpline? Might not be so confronting over the phone? I've talked to them when I was in a bad headspace and couldn't pull myself out. They really listened and really wanted to help me. QUINN idk... I'm scared MORGAN Sounds like it's worth giving it a try? What's the worst thing that could happen ..? Just stuff getting worse with Mum... At least if you talk to Kids Helpline, they actually might be able to help tell someone who CAN make it stop, Quinn? Cos I can't 📖 Yegh... MORGAN And maybe then your Mum will have to





LATER IN THE CALL

You've been really brave to share all of that Quinn!

I guess...

It's not ok for Sam to do that... and it is definitely not your fault! You have a right to feel safe at home... every young person does.

I just want mum to believe me... cos Sam needs to be out of our lives.

> Your safety is the most important thing right now, ok? And there's an organisation called Child Protection that we can talk to for help... They support children and families when there is abuse at home...

I don't wanna get in trouble with mum though, or get taken away!

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Lots of young people worry about that, Quinn, but Child Protection want to help support families to be safe and healthy so they can stay together. Sounds like Mum might just need help with that...

> Yeah, I think she does too... I'm just nervous about what's gonna happen next...





That's totally understandable... There are lots of ways we can support you through this and if you're not sure about anything along the way, just ask! Is there a teacher you trust? Or another family member you could talk to? It'll be good if they can support you too.

A FEW MONTHS LATER

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Hey Quinn, how are things with your Mum and Sam?

Things have been slowly getting better since Mum finally believed me and kicked Sam out.

That's awesome news! You won't have to see him again will you?

Nope. Mum said I wouldn't have to. Phew! How are things going with your Mum?

She told me how sorry she was after everything came out so we've been working on gaining trust back...

> That's cool! And how are you feeling about everything now?

I'm getting there... I've been seeing a counsellor. Mum has too. It's been hard talking about everything but it seems to be helping so far.





Protecting children is EVERYBODY'S BUSINESS Created with funding from Queensland Child Protection Week and in consultation with Narangba Valley State High School and Southern Cross Catholic College

kidshelpline.com.au 1800 55 1800

Talking helps!

We're here for you 24 hours a day, 7 days a week <u>Check out our website for lots of tips too</u>



Kids Helpline is a service of **yourtown** for 5-25 year olds In an emergency call 000