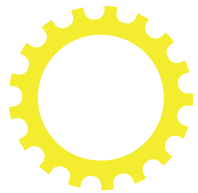


Resilience



Things I find easy: _____



Things I find difficult: _____



To overcome what I find difficult, I could
(eg. ask for help, learn from someone else, keep trying)...
