

This belongs to: _____

COVID-19

Time Capsule

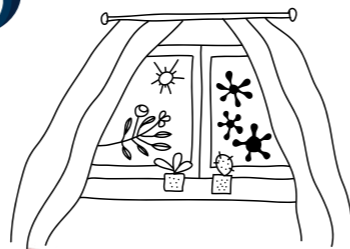


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Even though we are all going through this together, it will impact us in different ways. History will always remember this time, and you can use this Time Capsule activity to record what it was like for you!

Have someone in your family help you write down, audio or video record, or draw your answers to the following questions. The time capsule will be opened later in the year to remember what life was like during COVID-19.



Dear Future Me,

1 Today's date is ____/____/____

2 A photo or drawing of me during this time is

3 I live with _____

4 I am ____ years old

5 I am in Year _____

6 Three things I am doing while being at home are

(1) _____

(2) _____

(3) _____

7 During this time, I have enjoyed

(Write or Draw)

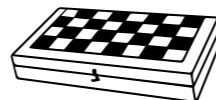
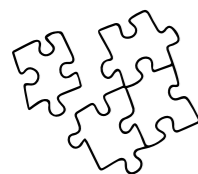
8 I am spending time with

(Write or Draw)



9 My favourite things to do at the moment are

(Write or Draw)



10 During this time I have felt...

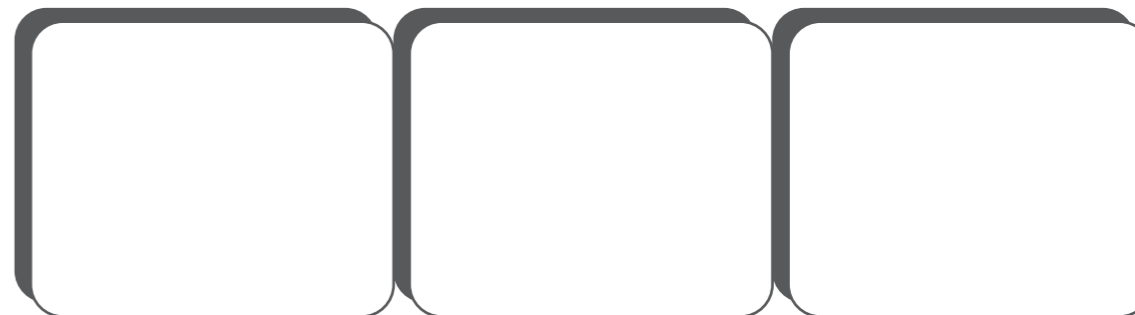
(Write or Draw)



11 I was worried that _____

12 Family time has been different because _____

13 I can't wait until I can...



14 I admire the doctors and essential workers who have helped our community because

15 I am missing _____

16 I am not missing _____

17 I will always remember _____

18 My advice to other kids is _____

19

As a school, we will open this on

____/____/____

