



This belongs to: _____

COVID-19

Time Capsule

19 Things to Remember



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Time Capsule Instructions

Right now, you are living through a time that will be written into the history books!

Write down, audio or video record, or have someone interview you the following questions for your future self to look back on. The time capsule will be opened later in the year to remember what life was like during COVID-19.

Dear Future Me,

1 Today's date is ____/____/____

2 A photo to sum up this time is... 

3 I live with _____

4 I am ____ years old

5 I am in Year _____

6 Three words to describe life in isolation are

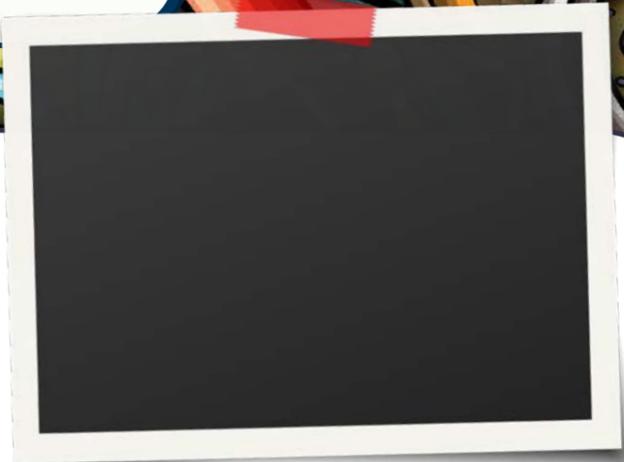
(1) _____

(2) _____

(3) _____

7 I wouldn't have guessed, but the best thing about isolation is...

8 The people I am video-calling/ messaging the most at the moment are...



10 Because of isolation, something I am doing differently but actually enjoying is...

(Write or Draw)



11 Something I was worried would happen but didn't was _____

12 A celebration our family had to do differently this year was _____

13 After being at home, I hope I never take for granted again _____

14 During this time, I have most admired the following people because _____

15 Isolation has made me miss _____

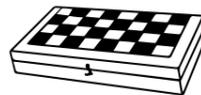
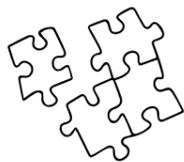
16 I can't wait for the first time I get to _____

17 Because of what is happening in the world, I hope my future self will never forget _____

18 If I went through this again, I would give advice to my future self of _____

9 To keep busy, I am spending way too much time...

(Write or Draw)



19

As a school, we will open this on

____/____/____

